I Claim:

    1. A method of receiving an image file in a wireless telephone at a time selected by the user of the wireless telephone, the method comprising:

    connecting to a remote database that contains image files;

    allowing the user of the wireless telephone to select at least one of the image files from the database;

    downloading the image file to the wireless telephone; and

    allowing the user to optionally view the image file on a display screen of the telephone.

    2. The method of claim 1 wherein the format of the image file is from the group comprising: JPEG, MPEG, GIF, or AVI.